

CROYDON MASJID & ISLAMIC CENTRE

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Registered Charity No: 285030 Worship Registration Act 1855 No: 72213

NIYYAH (Intention for fasting)

بِصَوْمِ عَدِ نَوَيْتُ مِنْ شَهْرِ رَمَضَانَ

(WA) BI SAWMI GHADIN NAWAYTU MIN SHAHRI RAMADAN

"I resolve to keep fast in the month of Ramadhan".

Please note to make NIYYAH (Intention) to fast is necessary orally or in the heart although verbal intention is preferred

MUSTAHABBAAT (Commendable acts worthy of much reward) during SAWM (Fasting)

1. To partake of Sahri before beginning the fast.
2. To partake of Sahri in the latter part of the night.
3. To make Niyyah for fasting during the night.
4. To break fast by Iftar soon after sunset.
5. To do Iftar by eating dates if not than with water.
6. To abstain from useless, evil and vulgar conversation, swearing, telling lies and backbiting.

Fast becomes Makruh by the following (things which are disliked and sinful during fasting):

1. To delay bath which is wajib after Subah Sadiq.
2. To apply tooth powder or tooth paste in the mouth or gargle unnecessary.
3. To taste something without necessity.
4. To have intimate contact with your spouse.
5. To speak behind someone's back (Gheebat or Chugli) or to have vulgar conversation
6. To fight or quarrel with somebody. Tell a lie, swearing are sinful acts even when not fasting, therefore they become even worse during fasting.

Fasting is not broken by the following:

1. To eat or drink something by mistake.
2. To use MISWAK or dry toothbrush (without paste).
3. To use perfume (ITTR) or apply Surmah, medicines or oil in the eye or ear.
4. To have injection or blood test

*First Fast and Eid subject to sighting of the moon. Inshallah information will be put on answering machine and also posted on the Croydon Masjid website. Remember to establish the correct Islamic Dates and not follow incorrect information in haste.

DU'AA TO END THE FAST

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبِكَ آمَنْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

ALLAHUMMA INNI-LAKA SUMTU WA BIK AAMANTU
WA-ALA RIZQI KA AFTARTU

"O Allah I have fasted for you. In you do I believe, and with your provision (food) do I break my fast". (Tabrani, Vol. 2, P8. 1229)

5. Wet dreams which makes Ghusul (bath) wajib
6. To vomit unintentionally
7. To use hair oil in head
8. Nocturnal discharge during fast.
9. Unintentional inhaling of dust or smoke
10. Bleeding when using MISWAK.

Following acts break FAST but necessitate QADHA only.

1. To eat, drink or have sexual intercourse thinking that still there is time for Sahri.
2. To open fast thinking that the sun has set whereas in fact it has not.
3. If water goes down the throat during moutwash unintentionally
4. By vomitting mouthful intentionally
5. To put medicine or oil in nose.
6. To inhale or take smoke of LOBAN or AGARBATI (Joystick)
7. Using asthma pump.

Following acts break FAST and necessitate both QADHA and KAFFARAH (fasting 60 extra days)

Knowingly eat or drink something or to have sexual intercourse during the fast or to take medicine by mouth or nose intentionally.

ZAKAT is compulsory on personal wealth which is **2.5%**. For more detailed information see overleaf.

SADAQATUL FITR IS WAJIB

Each Muslim on his behalf and on behalf of those he maintains, must give before the EID Prayer, the Sadaqatul Fitr for the poor. The amount is **£2.50** per person minimum.